



<b>Shahid Beheshti University of Medical Sciences</b> <b>School of Nursing and Midwifery</b> <b>Education Development Office</b> <b>Clinical course plan</b>	<b>Document ID</b>
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<b>Information about the course</b>	<b>Information of the in charge of the course</b>	<b>Information of Professors (Mentor or TA)</b>
<b>Department:</b> Psychiatric Nursing and Management Department <b>Name of Course:</b> Geriatric Mental Disorders and Psychiatric Nursing Care <b>Type and number of units:</b> Clinical, 0.5 <b>Pre-requirement/co-requirement:</b> - <b>Course and level of study:</b> MSc <b>Location and dates of the course:</b> Imam Hossein Hospital	<b>Name of the person responsible for the course:</b> Fataneh Ghadirian <b>Academic Grade:</b> Assistant Professor Major: Psychiatric Nursing <b>Office Phone Call:</b> +98 021 88655366 <b>E-mail:</b> ghadirian.fataneh@gmail.com	<b>Collaborating Lecturers:</b> <b>Meeting time and place:</b> <b>Phone Call:</b> <b>E-mail of associate professors:</b>
<b>Date of last revision:</b> 09/01/2023		



## Lesson Objectives

### General Goals:

1. Familiarity with psychiatric disorders in the elderly
2. Familiarity with the process of psychiatric nursing care in the elderly

**Staged Goals:** Based on the process for achieving the overall goal, determine how many comprehensive steps should be taken to achieve the overall goal. The organization of achieving the overall goal during the bedside steps can range from simple to complex or from technical or technical skills to more abstract skills and problem solving.

General Objective Number	The Staged Goals	Approximate time required for each step
1	1. Use a standard framework for interviewing elderly patients hospitalized in the psychiatric department.	1 day, Inpatient ward
	2. Identify specific signs and symptoms of psychiatric disorders in elderly patients during the interview process.	1 day, Inpatient ward
	3. Familiarize oneself with the reasons for cognitive and neurological disorders in the elderly, especially Alzheimer's disease, in patients who visit geriatric clinics.	1 day, Outpatient clinic
2	1. Analyze the process of providing psychological care for elderly patients hospitalized in the psychiatric ward.	1 day, Inpatient ward
	2. Become familiar with the process of providing psychological care for elderly patients who are not hospitalized (in community-based care or long-term care facilities).	1 day, Inpatient ward
<b>Total duration in days: 5 days</b>		



**Specific Goals:**

General Goal Number	Staged Goal Number	Specific Goal	Domains of Learning			The accepted desirability of reaching the goal (of 100 percent)
			Cognitive	Affective	Psychomotor	
1	1	Observe at least 2 psychiatric interviews with two different elderly patients				100%
	2	Fill out at least two IPA sheets with signs and symptoms of the patients				50%
	3	Complete an analytical report of observed patients at clinic				70%
2	1	Observe and discuss about the psychological nursing care of elder patients				80%
	2	Complete an analytic report about the possible nursing care				80%



## Teaching Methods

Clinical training (real patient)

Training in Skill Lab

Training with simulation (patient model, simulation laboratory)

Training in small groups (4 to 6 people)

Educational round

Training in the field (clinic/pharmacy/factory, etc.)

Others:

**Evaluation Methods** (If a checklist is used for evaluation, the checklist should be attached to the end of the course plan and provided to the student)

Practical assessment in the clinical setting

Assessment in a simulation environment (such as OSCE)

Observation

Performance recording method (such as logbook or portfolio)

Self-assessment

Peer assessment

Writing test

Others:

## Equipment and Technologies Required for Training

Standard equipment/technologies (equipment that is necessary during both learning and evaluating stages): Dress code of clinical setting

Facilitating equipment/technologies (equipment and technologies needed only in the learning process):



## The rules and codes of professional conduct

- "Be present on time (at 8 am) in the ward."
- "Do not use mobile phones in the ward."
- "Taking pictures or recording audio in psychiatric wards is prohibited."
- "Non-professional communication with patients and using mobile phones for them is prohibited."

## Budgeting the final grade of the course

Evaluation Item	The Number of Points	Item Importance Weight of 100%
Attendance and active participation	5	30
Hands-on assignments and IPA	7	35
Analytical discussions and questions	8	35



## Suggested Resources

- Thakur ME, editor. The American psychiatric publishing textbook of geriatric psychiatry. American Psychiatric Pub.
- Karen Devereaux Melillo, Susan Crocker Houde. Geropsychiatric and Mental Health Nursing. Jones & Bartlett Co. MA, Boston. USA.
- Mildred O. Hogstel. Geropsychiatric Nursing. Philadelphia Mosby Co.
- Fortinash Katherine M & Holoday Worret Patricia A. Psychiatric mental health nursing [edited by]. 4th ed. St. Louis, Mo.: Mosby Elsevier.
- Charlette, Eliopoulos, Gerontological Nursing.
- Meridian L. Maas; et al. "Nursing Care of Older Adults. Diagnosis, outcomes, and Intervention; Mosby Co.
- Sally J, Redfern et al. Nursing Older people.

## Appendices of evaluation (if exists; such as self-assessment or evaluation checklists)

Interpersonal Analysis (IPA)			
Question of Psychiatric Nurse	Answer of Patient	Rationale of Question	Rationale of Answer
e.g. What do you want to do for future, after discharge?	Nothing	Assessment of insight	The answer show "Poor insight"